
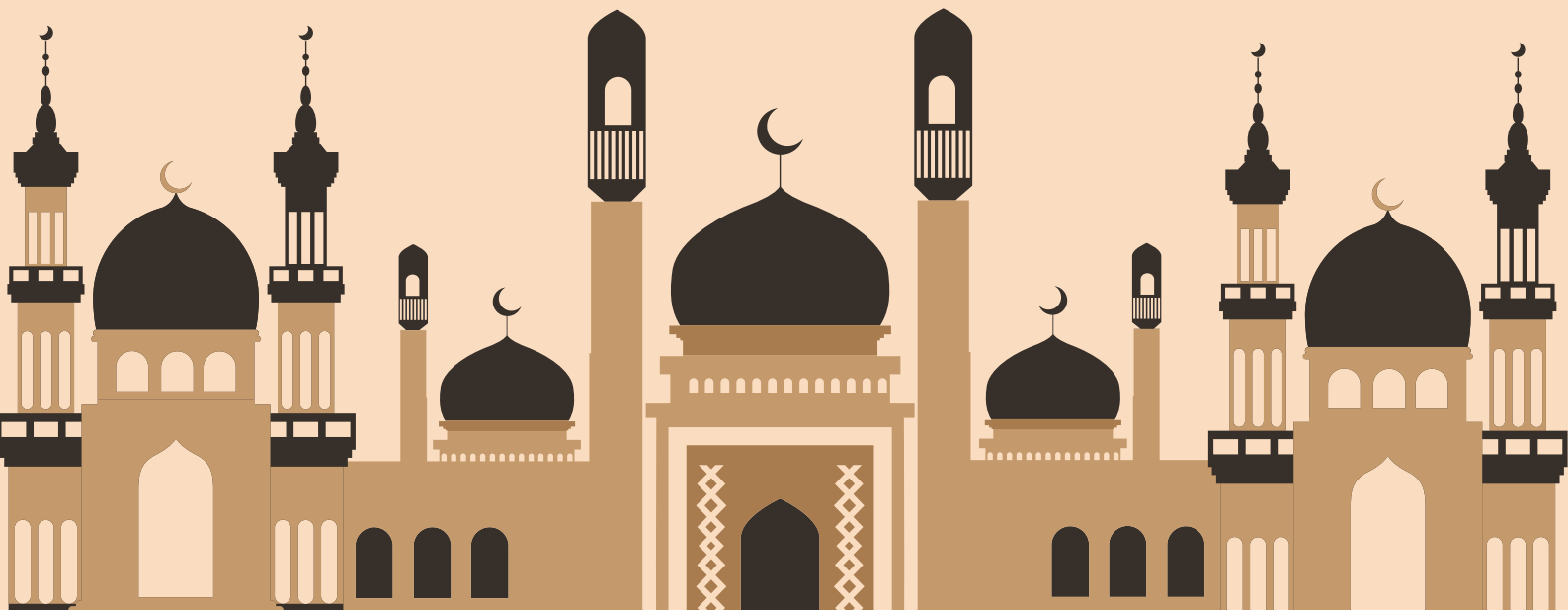




# Ramadan Bullet Journal

BY  THHUB

**NAME:** \_\_\_\_\_



# Pre-Ramadan Checklist

## 10 Tips To Get Ready For The Holy Month

- Repent and pray for a good Ramadan
- Do extra acts of worship
- Be conscious of your actions and try to refrain from negative acts
- Ease into fasting
- Be mindful of your eating habits and practice moderation
- Check your medical condition
- Set your intentions and reflect on the purpose of Ramadan
- Know what's on your plate, and plan accordingly
- Regulate your sleeping patterns
- Increase the quality of your current acts of worship

# Ramadan Planner

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30



**30  
DAYS**

# RAMADAN CHALLENGE

2023

**DAY 1**

Read Juz 1-2

**DAY 2**

Memorize  
Surah

**DAY 3**

Read Juz 3-4

**DAY 4**

Memorize  
Surah

**DAY 5**

Read Juz 5-6

**DAY 6**

Memorize  
Surah

**DAY 7**

Read Juz 7-8

**DAY 8**

Memorize  
Surah

**DAY 9**

Read Juz 9-10

**DAY 10**

Memorize  
Surah

**DAY 11**

Read Juz 11-12

**DAY 12**

Memorize  
Surah

**DAY 13**

Read Juz 13-14

**DAY 14**

Memorize  
Surah

**DAY 15**

Read Juz 15-16

**DAY 16**

Memorize  
Surah

**DAY 17**

Read Juz 17-18

**DAY 18**

Memorize  
Surah

**DAY 19**

Read Juz 19-20

**DAY 20**

Memorize  
Surah

**DAY 21**

Read Juz 21-22

**DAY 22**

Memorize  
Surah

**DAY 23**

Read Juz 23-24

**DAY 24**

Memorize  
Surah

**DAY 25**

Read Juz 25-26

**DAY 26**

Memorize  
Surah

**DAY 27**

Read Juz 27-28

**DAY 28**

Memorize  
Surah

**DAY 29**

Read Juz 29-30

**DAY 30**

Memorize  
Surah

As the Qur'an is recited during the Ramadan season, I pray that our hearts and minds agree to what we read and practice it in our lives. Ramadan Kareem!

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

# QUR'AN TRACKER

JUZ  
1

JUZ  
2

JUZ  
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JUZ  
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JUZ  
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JUZ  
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JUZ  
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JUZ  
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JUZ  
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Ramadan

Day:

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Date:

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M T W T F S S

  
Dua of the day  
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Quran recitation today

- Surah: .....
- Verse: .....
- Page: .....

Today's goal

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Notes:

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Today Meal Plan

Sahoor

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Iftar

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Water Intake (8 glass a day)



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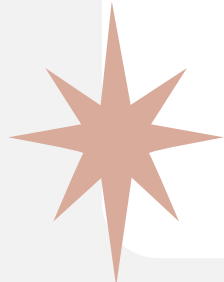
  
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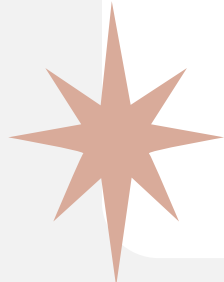
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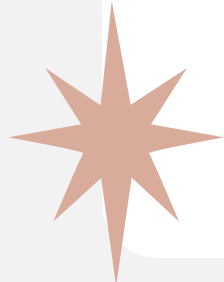
  
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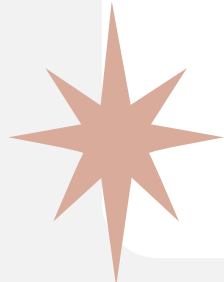
  
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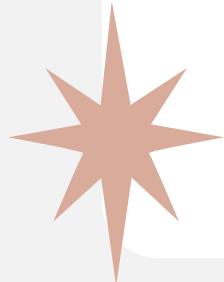
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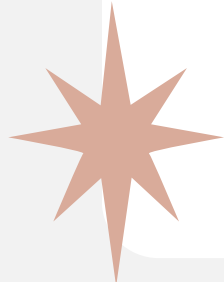
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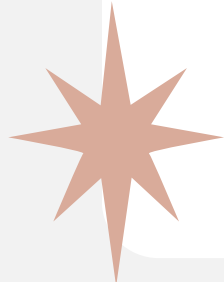
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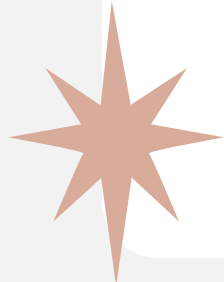
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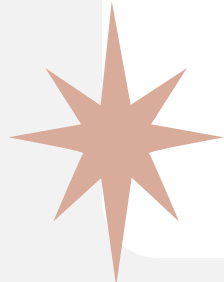
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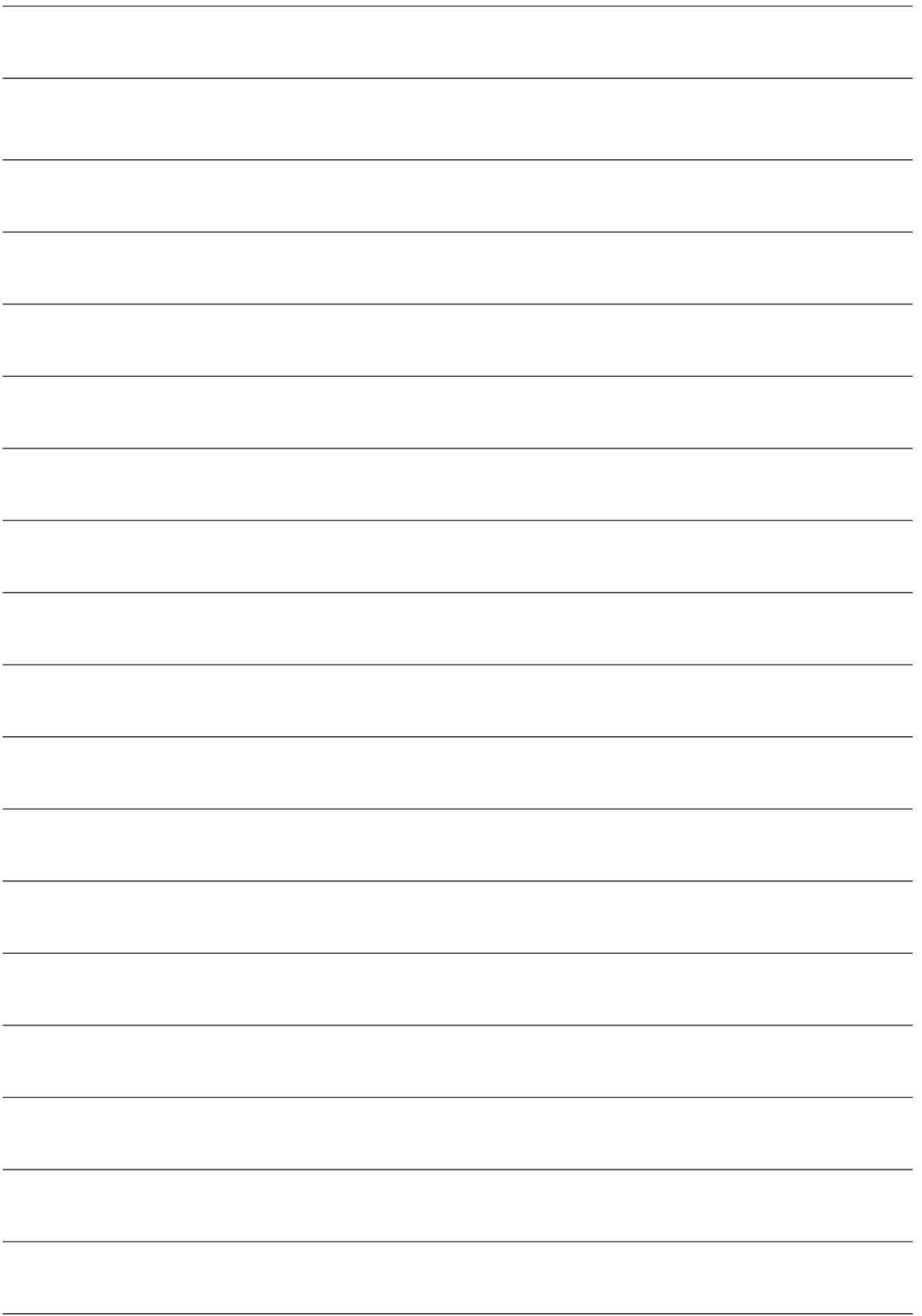
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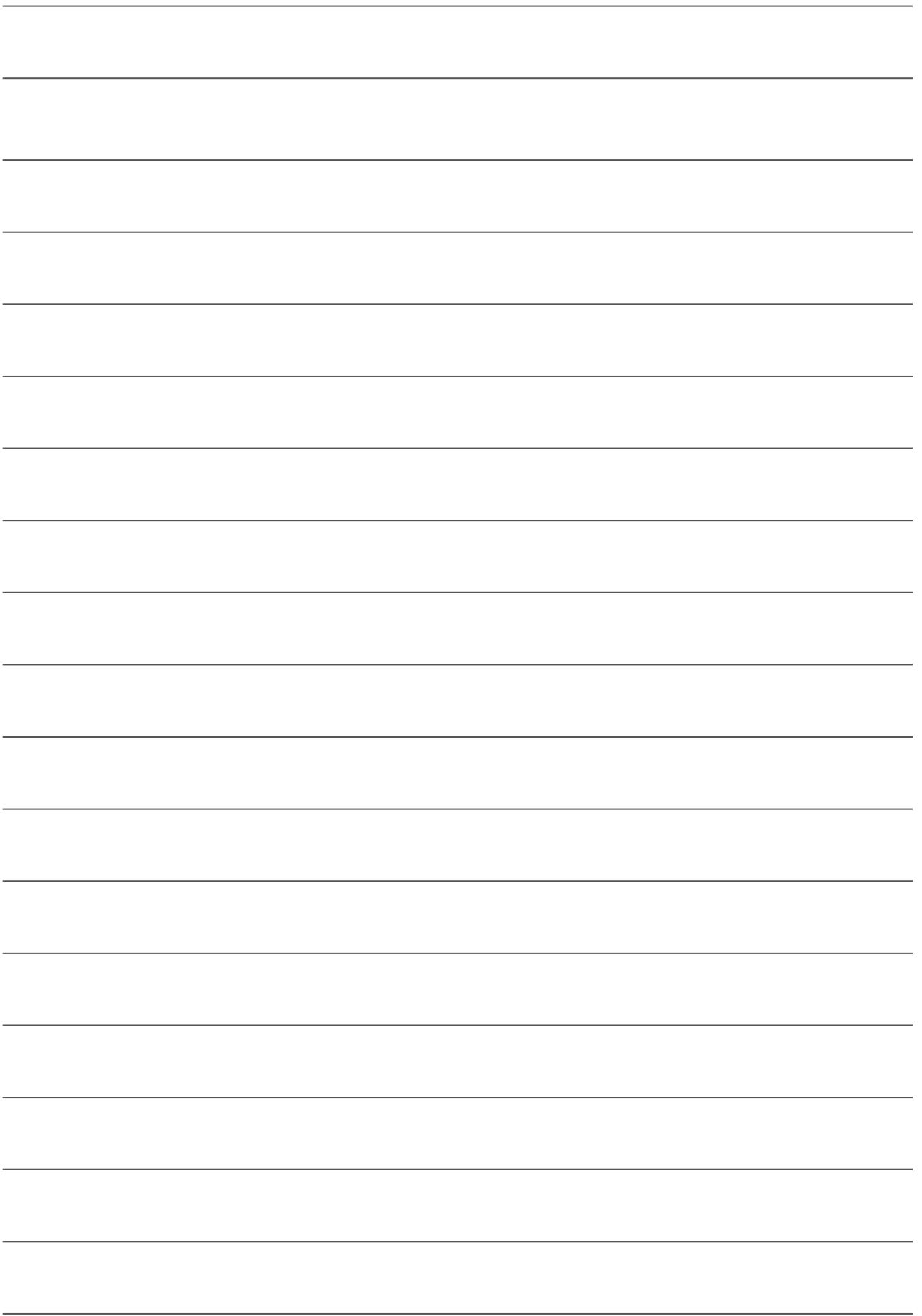
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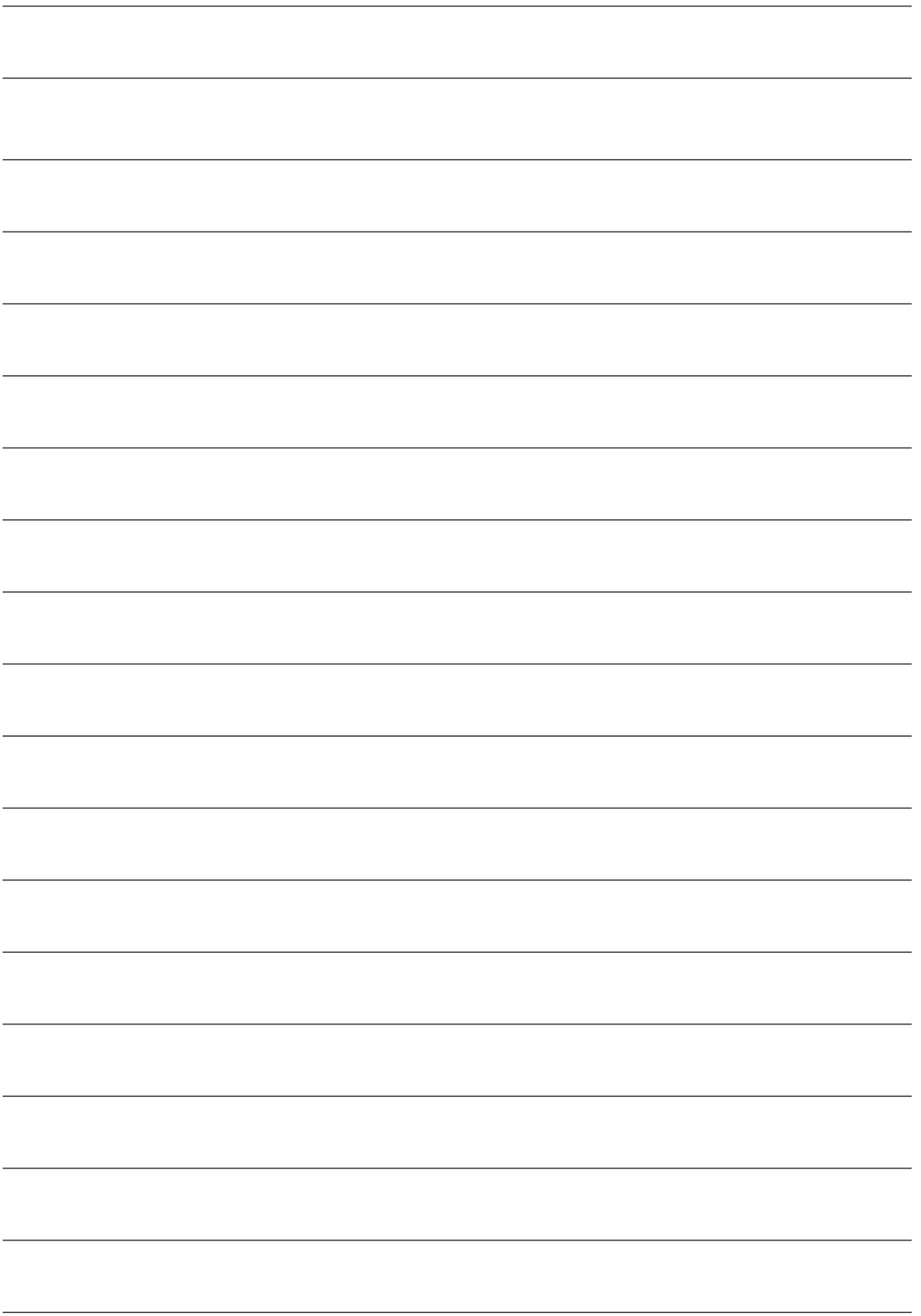




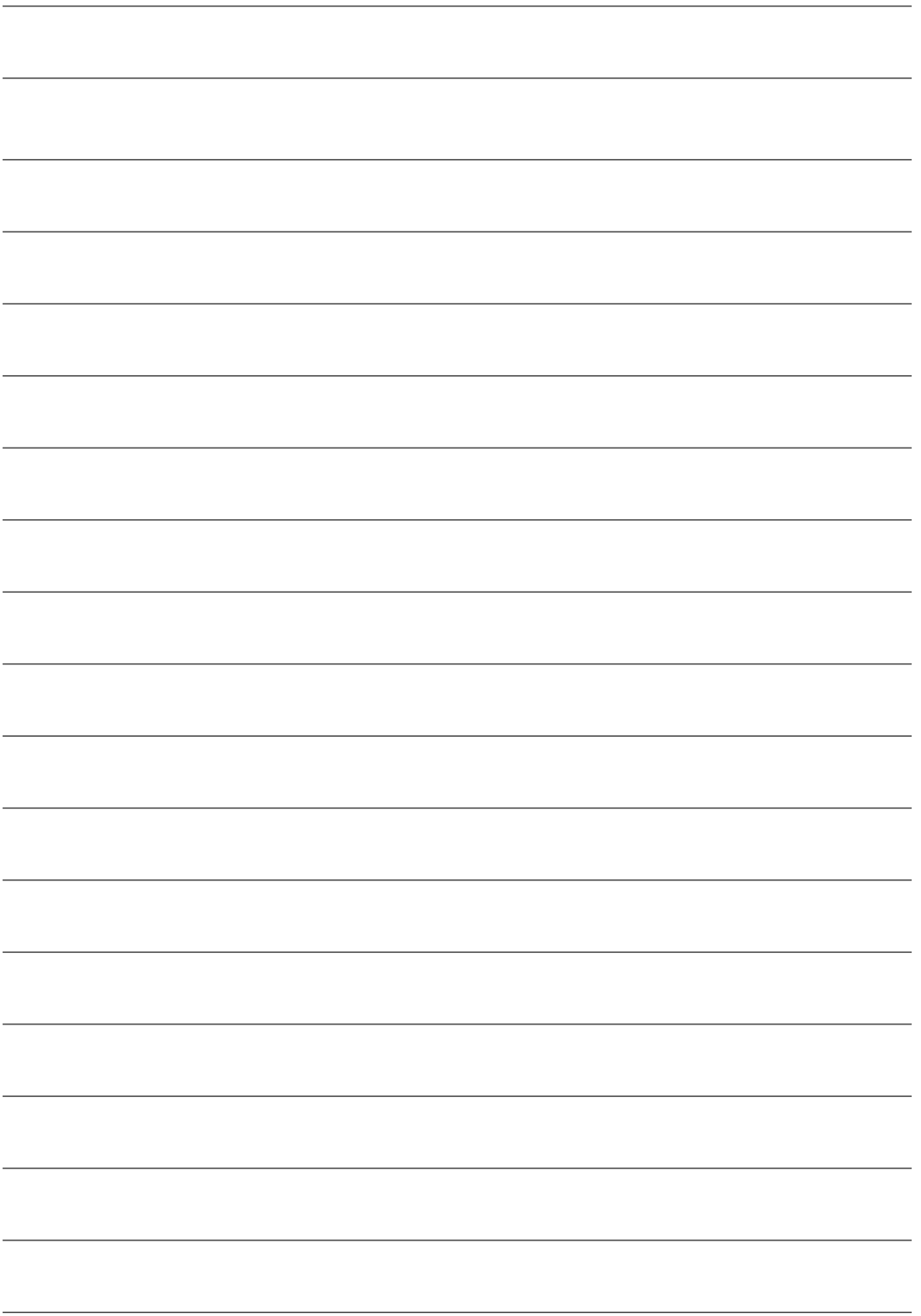




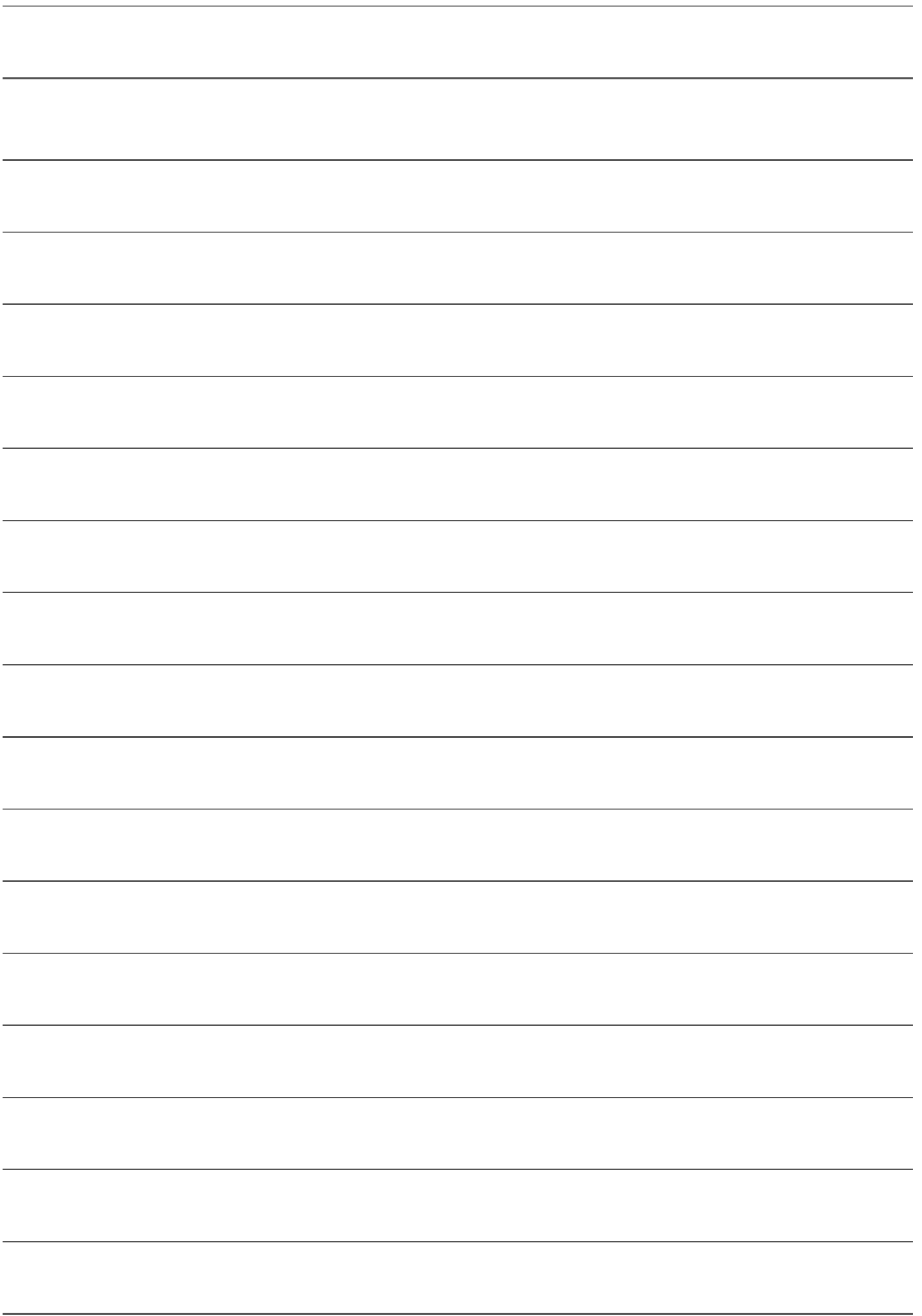




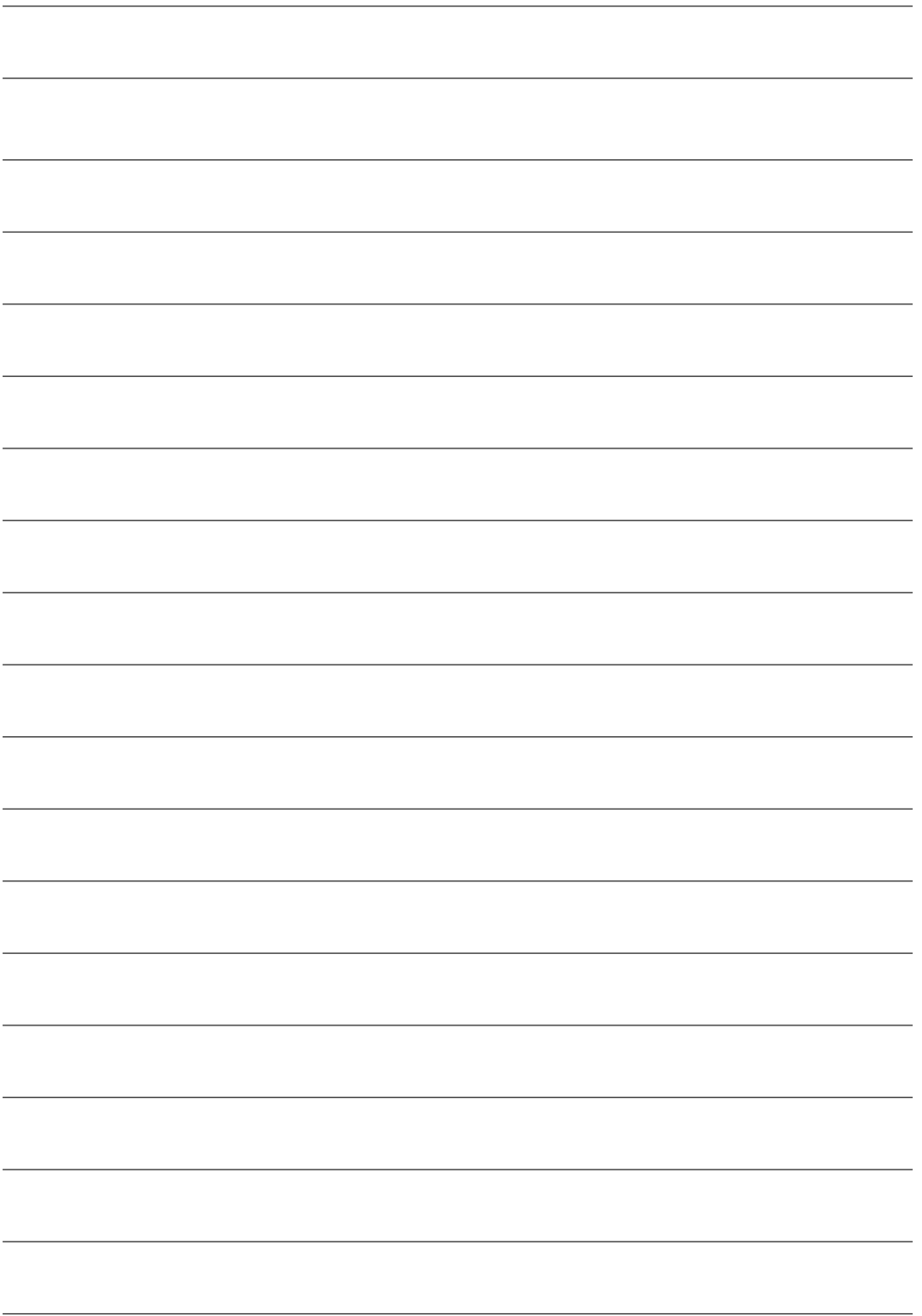












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journal & Happy eid ;)*

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